Welcome

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Theory and Practice

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**Exercise Physiology**

for Health and Sports Performance

Nick Draper, Craig Williams, Helen Marshall

Exercise Physiology: For Health and Sports Performance brings together all the essential human anatomy and applied physiology that students of exercise science, physical education and sports coaching will need to know. Written in a friendly, accessible style and containing a wide range of features to help develop understanding, this book provides a complete one-stop-shop for exercise physiology broken down into three fundamental sections; Foundations of Exercise Physiology, Applied Exercise Physiology and the new part three – Exercise Prescription.

**Fatigue in Sport and Exercise**

Shaun Phillips

The second edition of this book presents a fully revised and updated overview of the contemporary research evidence into sport and exercise fatigue. The book examines the latest thinking into how we conceptualise fatigue, as well as how we measure it. The fundamental science of fatigue is introduced, focussing predominantly on physiological aspects of energy depletion, metabolic acidosis, environmental challenges, electrolytes and minerals, and the perception of fatigue as it relates to mental fatigue and the central regulation of sport and exercise performance.
FC Barcelona

History, Politics and Identity

Edited by Jim O’Brien, Xavier Ginesta, Jordi de San Eugenio

This is the first critical, in-depth academic study of FC Barcelona, one of the world’s great football clubs, exploring the historical, political, cultural and commercial dimensions of this global sporting institution. This illuminating, multi-disciplinary study of FC Barcelona is essential reading for anybody with an interest in football, Catalanist politics and culture, or the history, politics, culture and business of sport.

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Hanya Pielichaty

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Rory Magrath
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Nutrition for Sport, Exercise and Performance offers a clear, practical, and accessible guide to building a comprehensive understanding of sport and exercise nutrition from leading experts in nutrition and exercise science. This second edition delivers new insights into working with female athletes, occupational athletes, and athletes in contemporary sports including sport climbing, surfing, skateboarding, and breaking.

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Leadership for Commercial Success

Simon Van Kerckhoven

This is a handbook for leading a professional football club to commercial success. Covering every aspect of the business and commercial operations of a modern football club, and with a focus on increasing revenues and building a powerful brand, the book explains how to take any club to the next level and increase brand value. This book is essential reading for anybody working in professional football, reflecting on how to take any club to the next level and increase brand value. This book is essential reading for anyone who has a general interest in the business and commercial aspects of managing a professional football club.

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This innovative book presents a new framework for researchers in the field of physical education and youth sport. By examining the complex interplay between values, voice and ethics within the research process, it showcases how the CREATE Principles for Research Design can facilitate meaningful research with/for children and young people. Designed to support aspiring and experienced researchers alike, this book equips readers with valuable ideas and tools to enhance their research praxis and shape meaningful and relevant research with/for children and young people.

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Using the history of sport in the small towns and local communities of Poland, this book shines new light on the everyday reality of life under a communist regime in Eastern Europe in the 20th Century. This is fascinating reading for anybody with an interest in the history of sport, socio-cultural history, European history, the history of the 20th Century, or historical methods.

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Marko Begović
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Guided by the conceptualization of content knowledge, this book covers sports analysis skill analysis, and biomechanical principles and their applications to skill performance and analysis, which teachers or coaches need to possess for effective teaching and coaching. Practical examples for conducting sports and skill analysis, designing teaching progressions for interventions, and applying biomechanical principles are provided.
The Routledge Handbook of Coach Development in Sport

Edited by Steven B. Rynne, Clifford J. Mallett
Series: Routledge International Handbooks

The Routledge Handbook of Coach Development in Sport is a comprehensive text that underscores the importance of learning and context for those who sculpt the environment in which people of all ages develop in and through sport. This book provides an international reference point that brings together leading scholars and practitioners from across the globe to provide an overview of the theories and practices of coaches and coach developers that are impacting the quality of sporting environments.

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Training and Supervision in Sport and Exercise Psychology

Paul Mccarthy, Lindsey Burns, Bryan McCann, Sahen Gupta

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Chuka Onwumechili
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This is the first book to take an in-depth look at women's football in Africa. Exploring the history, contemporary landscape and future development of the women's game on the African continent, the book offers an important new perspective on the rise of women's sport more broadly. This is fascinating reading for anybody with an interest in football, sport history, women's sport, Africa, development studies, or the relationships between sport and wider society.

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A Sustainable Tourism Workforce

Edited by Shelagh K Mooney, Richard N.S. Robinson, David J. Solnet, Tom Baum

This book brings together issues of social justice and the neglect of a sustainable orientation to the tourism workforce. This has resulted in an impoverished, unsustainable, and transient workforce that does not meet the aims of UN sustainable goals within the sector or indeed the UNTWO Code of ethics towards its employees. The volume will be invaluable to educators, students and policymakers interested in information and guidance on managing sustainable tourism. Several chapters in this book were originally published as a special issue of the Journal of Sustainable Tourism.

Blockchain for Tourism and Hospitality Industries

Edited by Irem Onder, Fulya Acikgoz

This insightful book is the first to explain the basics of blockchain and its applications in the service industry, as well as potential future implementations of the technology. International in scope, this engaging volume will be of pivotal interest to industry experts, as well as researchers and tourism, hospitality and technology students interested in learning more about blockchain and its potential for the service industry.

Adaptive Reuse in Latin America

Cultural Identity, Values and Memory

Edited by José Bernardi

This book seeks to explore the theoretical and architectural connections between memory, values, cultural identity and adaptive reuse in Latin America. It does so by critically analyzing ideas and work within the context from where they emerge.

Contemporary Marketing and Consumer Behaviour in Sustainable Tourism

Edited by Maria Palazzo, Pantea Foroudi

This insightful book explores contemporary consumer behaviour and marketing practices, exploring how to promote effectively towards sustainable tourism development through policies, practices and initiatives involving all stakeholders, including indigenous peoples, local communities, visitors, industry and governments. Proposing a mixture of theory and practice with practical case studies, this book is an important resource for students, researchers and academics in business and tourism, as well as managers and decision-makers globally.

Developing Industrial and Mining Heritage Sites

Lavrion Technology and Cultural Park, Greece

Edited by Taşkın Deniz Yıldız

Developing Industrial and Mining Heritage Sites offers a multifaceted examination of the challenges and opportunities in the development of industrial & mining heritage. It does so through the case study of Lavrion, Turkey, by examining the historical process of this former mining site which has turned into a site of industrial and cultural heritage.

Aesthetic Practices in African Tourism

Ruti Talmor

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Eating Together in the Twenty-first Century
Social Challenges, Community Values, Individual Wellbeing
Edited by Tamas Lestar, Manuela Manuela Pilato, Hugues Séraphin

This book provides in-depth perspectives on communal food and dining practices. In doing so, it challenges less sustainable lifestyles that are encouraged by a social system based on unlimited economic growth. In considering the diverse societal settings in which individuals and communities eat, the book offers opportunities to reflect on the concept of belongingness, or the lack of it, when eating. It examines what, how, and why we eat together, and considers what the future of our food and eating may look like.

Innovation Strategies and Organizational Culture in Tourism
Concepts and Case Studies on Knowledge Sharing
Edited by Marco Valeri

Series: Routledge Insights in Tourism Series
This book analyses the importance of innovation as the key driver of sustained success in the tourism industry and the knowledge sharing process. It explores its impact on innovation capability and innovation performance of organizations. With 12 chapters written by 19 contributors, the book offers international reflections.

Event Studies
Theory and Management for Planned Events
Donald Getz, Stephen J. Page
Series: Events Management

Fully updated and revised in its fifth edition, Event Studies remains the most comprehensive book devoted to developing knowledge and theory about event management and event tourism, focusing on the study of events, the event experience and meanings associated with them. This insightful volume will be an invaluable resource for all undergraduate students of events studies throughout their degree programmes.

Heritage is Movement
Heritage Management and Research in a Diverse and Plural World
Tod Jones
Series: Critical Studies in Heritage, Emotion and Affect

This book presents new ways of understanding heritage and heritage work. It develops and addresses the ways in which physical processes of creation, maintenance and decay are entangled with cultural and political processes of management, access, and care. The book analyses a critical practice of heritage work that is oriented to recognising and collaborating with diverse knowledge holders and their practices of caring for heritage.
Knowledge Management, Organisational Learning and Sustainability in Tourism

Edited by Aurora Martínez-Martínez, Juan-Gabriel Cegarra-Navarro, Alexis García-Perez

This book explores the link between environmental knowledge management and sustainability challenges being faced by organisations, individuals and society. Comprising both theoretical and empirical chapters, it describes how knowledge management and organisational learning can help achieve sustainable tourism sector. The book will be of value to students and researchers of social sciences with a focus on tourism, human geography, marketing and environmental studies. The chapters in this book were originally published as a special issue of Journal of Sustainable Tourism.

Methodological Advancements in Social Impacts of Tourism Research

Edited by Manuel Alector Ribeiro, Kyle Maurice Woosnam

This book offers the cutting-edge methodological approaches being used among scholars conducting work on social impacts of tourism. These works are international in focus, spanning across Europe and Asia. The authors employ qualitative, quantitative, and mixed methods designs. It will be of great interest to all upper-level students and researchers in tourism, planning and related fields. The chapters in this volume were originally published as a special issue of Journal of Sustainable Tourism.

Literary Fiction Tourism

Understanding the Practice of Fiction-Inspired Travel

Nicola E. MacLeod

Series: Contemporary Geographies of Leisure, Tourism and Mobility

This timely and insightful book critically reviews the synergistic relationship between books, literary culture, and the practices of tourism. International in scope, this volume will be of interest to students of tourism, heritage studies, cultural studies, and media studies, as well those interested in literary tourism more specifically.

Media Management and Live Experience

Sports, Culture, Entertainment and Events

Alex Connock

Global and authoritative, this textbook maps modern, live experience media, the categories that thrive on real-time engagement and human connection— even in the age of synthetic content, AI and the Metaverse. Sports and sports betting, festivals, comedy, concerts, tours and theme parks are covered. With class questions, a quiz, summaries and slides for each chapter, this is a guide and course structure for anyone at university level or in industry studying the media, music, entertainment, events, exhibitions, sports, social media or gambling industries.

Reimagining Community Festivals and Events

Critical and Interdisciplinary Perspectives

Edited by Allan Stewart Jepson, Raphaela Stadler, Trudie Walters


This book celebrates and builds on Alan Clarke (1956–2021) and Allan Jepson’s 2015 book Exploring Community Festivals and Events. It showcases how far the study of community festivals and events has come in the intervening years, and in so doing it is a response to recent calls for researchers to take a more critical approach to event studies. This volume will appeal to students and researchers in the fields of critical event studies, cultural studies, place-making, tourism, music, sociology and geography. Several chapters also provide insights and key learnings for those lecturing and working in event management, and industry professionals.

Routledge Handbook on Gender in Tourism

Views on Teaching, Research and Praxis

Edited by Magdalena Petronella (Nellie) Swart, Wenjie Cai, Elaine Chiao Ling Yang, Albert Nsom Kimbu

This comprehensive Handbook delves into the multifaceted dimensions of the role of gender in tourism, spanning education, research, and practice. With 40 international contributions from leading thinkers in the field, this book brings together diverse themes such as entrepreneurship, mobility, sustainability, and sexuality.
Strategic Management for Tourism, Hospitality and Events

Nigel G. Evans

Strategic Management for Tourism, Hospitality and Events is the must-have text for students approaching this subject for the first time. It introduces students to fundamental strategic management principles in a Tourism, Hospitality and Events context and brings theory to life by integrating a host of industry-based case studies and examples throughout. This book is written in an accessible and engaging style and structured logically with useful features throughout to aid students' learning and understanding and it is an essential resource for Tourism, Hospitality and Events students.

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Tourism and the Spectre of Unlimited Change

Living with Tourism in a Turkish Village Revisited

Hazel Tucker

Series: Contemporary Geographies of Leisure, Tourism and Mobility

This insightful volume forms a sequel to Living with Tourism: Negotiating Identities in a Turkish Village, tracking the tourism development and associated social change in the small town of Göreme, in Turkey’s Cappadocia region, within the last two decades. This book provides new insights for scholars of tourism, anthropology, geography and social studies, who wish to gain a deeper understanding of this global phenomenon in the contemporary world.

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Theoretical Advancement in Social Impacts Assessment of Tourism Research

Edited by Kyle Maurice Woosnam, Manuel Alector Ribeiro

This book provides the reader with a fresh perspective of the use of theory in the body of research centred on social impacts of tourism. The chapters in this edited volume contribute to the evolving advancement of theoretical applications within the research area. The chapters in this volume were originally published as a special issue of Journal of Sustainable Tourism.

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Worldwide Destinations

The Geography of Travel and Tourism

Brian Boniface, Chris Cooper

Worldwide Destinations: The Geography of Travel and Tourism is a unique text that explores tourism demand, supply, organisation and resources for every country worldwide in a logically structured and accessible format. This thorough guide is a must-have for any student undertaking a course in travel and tourism.

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Tourism and Animal Ethics

David A. Fennell

Series: Contemporary Geographies of Leisure, Tourism and Mobility

This timely book provides a critical account of the role that animals play in the tourism industry, representing an extension of the sustainability imperative and environmental theory. Offering an interdisciplinary overview of the moral issues related to the use of animals in tourism through cutting edge research, this book is essential reading for students, academics and researchers interested in tourism ethics, sustainable tourism and wildlife tourism.

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